

# NETFLIX

## Parenting Travel Hacks

We all know that travelling with the family can be gruelling – screaming kids, long hours in transit, lack of sleep. The list goes on.

After speaking to some parents who've been there and done that, we've gathered some wise parenting travel hacks that will ensure your next holiday is as painless as possible. Kids and all.



Pack a spare outfit for you. Food, juice, vomit or worse... whatever gets on them will get on you. Trust.



Snack-packs are life. You'll be surprised how many snacks you can fit in and how many tantrums eased by having food at hand.



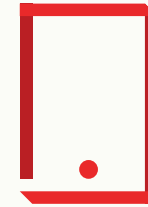
Download ahead of time. Don't will it to the WI-FI Gods, download all your favourite Netflix shows and movies before you leave to make sure you don't get caught without. You will thank us later!



Hoodies are goodies. Match comfort with function whilst you drop the hood to cover eyes and block out light. You ever try and put an eye mask on a two-year-old? Mission impossible!



White noise playlist. A blessing to all parents for a bit of peace and quiet. Quite possibly the best sleeping tool for every situation, especially flying!



Diplomatic device sharing is key. Are the kids fighting over who gets to hold the iPad? Put the device in a clear plastic bag and hook it to the back of the tray table on the plane or clip it to the back of the headrest in the car.



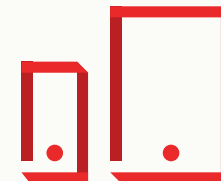
Power for all. Pack a portable charger for all the devices to avoid dead batteries and screaming children.



BYOB. Sick of hearing "I'm thirsty"? Pack your own water bottles – they save you \$4 a bottle, and water may not be readily available wherever you are, particularly in the Sahara.



Lollipops – your travel sav-iours. They're a yummy treat and can also help ease ear pressure on the plane.



Bring back-up. Download you and your kids' favourite content on your mobile phone just in case your tablet dies and you don't have a charger at your seat.