



MAY 2019

Mother's Day Special

Sponsored by **ebay**



REAL LIFE STORIES | DELICIOUS RECIPES
WIN \$200 EBAY GIFT CARD

Contents

Easy, No-Fail Pancake Recipe	3
Gifts for New Mums	4
Mums Share the Things Their Know-It-All Teens Hilariously Tried to Educate Them On	5
Slow Cooker Ragu Tagliatelle Recipe	6
Step Out in Style in This Seasons Must Have Boots	7
Win a \$200 ebay Gift Card!	8
Nail School Mornings with These Awesome Products	9
Women Share Their Most Hilariously Embarrassing Moments During a Visit to Their Gynaecologist	10
Print and Redeem - Mother's Day Coupons	12

Easy, No-Fail Pancake Recipe

Ingredients

1 cup of self raising flour

a pinch of salt

1 egg

1 1/4 cups of milk

Some extra butter to grease your frying pan if it's non stick.

Instructions

Sift the flour and salt into a small mixing bowl.

Add the egg and pour in the milk and whisk the mixture together until thick and creamy.

Heat your frying pan to a high heat and approximately one teaspoon of butter.

For even sized pancakes, use a measuring cup (I suggest using a 1/4 cup) to scoop up and pour your batter into the pan.

Allow the pancake to cook for approximately one minute or until bubbles begin to appear on the surface. Flip the pancake and cook on the other side for one minute.

Place cooked pancakes on a plate and cover with foil to keep warm.

Continue until you have used all of the mixture.





Sophie the Giraffe
\$26.95

The first teething ring made from 100% natural rubber.

**My Baby by Homedics
Soundspa On The Go \$22**

This handy item plays four soothing sounds to create a tranquil and comforting environment and keep your bub happy.



**BabyLove Nappies Newborn
Jumbo - 99 Pack \$26.99**

Suitable for: Newborn to 5kg

Gifts for New Mums



**Ingenuity Baby Base
2-in-1 Seat - Slate \$59**

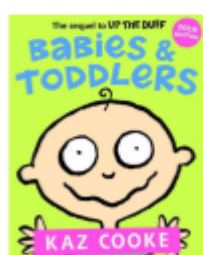
Wipeable feeding seat and washable tray for easier cleaning.



**Braun
Thermometer
Touchless
and Forehead
\$89.30**



**Tommee Tippee
Sangenec TEC
Nappy Disposal
Bin Unit - Grey \$59**



**Babies & Toddlers: The Sequel to
Up the Duff \$25**



**Baby Bjorn Baby
Carrier One Air
- Anthracite Mesh \$249.95**



Mums Share the Things Their Know-It-All Teens Hilariously Tried to Educate Them On

BY JILL SLATER

We've all heard of 'mansplaining', the infuriating situation where some men like to patronisingly explain to women how various things work, despite us having fully-functioning brains and a solid understanding anyway. Seriously, owning a vagina doesn't mean we are stupid, my dudes.

Well, now we have a new term. One that many parents of teenagers will relate to.

Teensplaining

Verb

When a teen condescendingly assumes that they know more about a topic than the adults around them, usually their parents. The teen then explains the topic to the adult as if the adult is completely ignorant regardless of their experience or expertise. This is frequently accompanied by the extreme certainty that can only be maintained through inexperience.

Example:

"My daughter teensplained pop music to me, as if I hadn't lived through the 80s."

Mumsnet boardies have rallied together to share their experiences of being teensplained to by their know-it-all teens. Their stories of being teensplained to are excellent examples of this all-too-relatable phenomenon that parents have been putting up with for generations.

□ My teenager tried to explain to me who Boy George is last night in a completely patronising "you'll have never heard of him" kind of way.

□ My 12-year-old announced in the New Year that she hadn't heard us shouting her for tea as she'd

been Netflix binging on this show called 'Friends'. Announced in a tone of voice implying we'd never have heard of it or ever understand why it was so addictive to watch...

□ My teens like to explain in depth how the internet and social media work, using the eye-rolling, patronising voice. I like to remind them that I was using the internet before they were born and social media while they were both in nappies, but it's fine as I still, apparently, know nothing. I also like to point out that it was me who taught them to use forks and read, but it goes in one teen ear and out the other.

□ Teenagers always think their parents know nothing and are usually amazed at how much they've learned by the time said teenager is 20.

□ I remember avidly explaining to my mum when I was 16 in 2005 who David Bowie was, why he was amazing and cool (because obviously, she was a mum so wouldn't get it).

Mum reminded me that she'd been 16 in 1976 and, actually, it was her who'd introduced me to his music. I remember being suitably undeterred.

□ My nephew was asking who George Michael was (when he tragically died the Xmas before last) because he, at 14, had never heard of him so he couldn't really be that famous.

□ DD burst into the car after a hip-hop class telling me about this cool song they were dancing to. It was called Say You'll Be There, by a band I'd probably never heard of, called The Spice Ladies.

Have you been teensplained to yet? What's the funniest thing you've ever had explained to you?

SLOW COOKER

Ragu Tagliatelle

Slow Cooker Ragu Tagliatelle Recipe

BY JILL SLATER

This rich slow cooker ragu tagliatelle surpasses plain old spaghetti bolognese any day of the week! Slow cooking is perfect for those busy days when you just want to set and forget about dinner.

Using a mixture of beef and pork mince gives the ragu a richness that beef mince alone cannot give. You can buy packets of beef and pork mince combined together in the one package in the meat section of the supermarket for about the same price as premium beef mince.

This recipe makes a lot of ragu. Hello leftovers!

Prep Time: 15 minutes

Cook Time: 6 hours

Total Time: 6 hours, 15 minutes

Yield: 8-10

Ingredients

- 1kg beef & pork mince
- 3 x 400gm tins of diced tomatoes
- 2 beef Oxos
- 4 tablespoons of tomato paste
- ½ cup of red wine
- 1 tablespoon of dried basil
- 1 tablespoon of dried oregano
- 1 tablespoon of dried thyme
- 1 cup of water
- 2 onions, finely diced
- 200g mushrooms, sliced
- 2 tbsp soy sauce
- Salt and pepper to taste
- 3 bay leaves
- 500g dried tagliatelle
- fresh parsley and grated parmesan to serve

Instructions

Brown the mince in a frying pan, breaking up with a spoon until cooked, Drain in a wire colander to remove excess fat.

Transfer mince to slow cooker pot and turn on High. Add the rest of the ingredients except for the dried pasta and fresh parsley. Stir well to combine. Cook on High for 6 hours or Low for 8 hours. Serve with cooked pasta, parmesan and chopped fresh parsley.



Peppa Ankle Boot
\$109.95



Therapy Sidney
Ankle Boots \$89.95



I Love Billy
Telli Boots Long
\$139.95

Step Out in Style in This Seasons Must-Have Boots



Benj Boot
\$99.95



Mollini Zallas
Cream
Caramel
Ankle Boots
\$199.95

Django &
Juliette Martel
Ankle Boot
\$229.95



Taos Tall Crave
Long Boots
\$299.95



Mollini Rowens
Ankle Boots
\$249.95

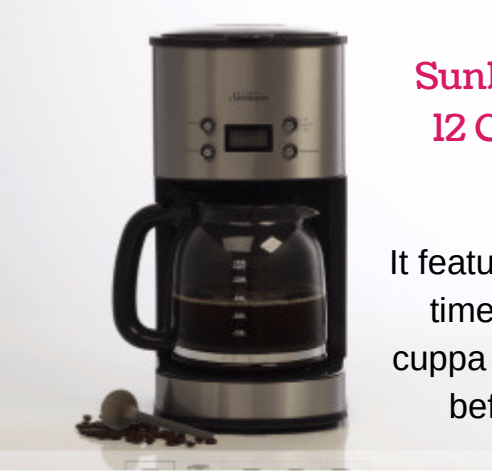


I Love Billy
Jarma
Ankle Boots
\$99.95

WIN A \$200 ebay GIFT CARD



Double tap this page to enter



**Sunbeam PC7 900
12 Cup Drip Filter
\$59.95**

It features a programmable timer so your morning cuppa can be ready for you before you even get out of bed!



**Vittoria Mountain
Grown Coffee
1kg \$36.70**

Comes in 4 x 250g vacuum packs for freshness to get you through the rest of the school year!

**Nutribullet NB9-0507
900 W Pro 5 Piece \$85**

700ml tall cup makes it easy for you to blend and go, so you can take your breakfast with you on the school run



Nail School Mornings with These Awesome Products



**Coles Seasonal Fruit
Box Large \$50**

**Belkin F8M990BGWHT
Family Rockstar
4-Port USB Charger \$69.95**

Set up a designated charging area in your home and keep devices out of the bedrooms at night



**Microsoft Surface Laptop i
5 8GB 256GB - Platinum
\$1399 Save \$600**



Lenoxx CR21 Clock Radio AM/FM \$15





Women Share Their Most Hilariously Embarrassing Moments During a Visit to Their Gynaecologist

BY JILL SLATER

Humour is often a good way to cover embarrassment, but sometimes it can make situations even more awkward, as these women discovered!

Here are four hilarious stories about the most embarrassing moments that happened during their routine gyno visits.

1. The Family Resemblance

'I make really inappropriate statements when I'm feeling a bit awkward.

A while back, I had irregularities on my routine Pap smear. I'm not good at waiting around for potentially bad news and decided to use the private insurance I have 'for emergencies' in order to get the recommended colposcopy as soon as possible.

My mother was insistent that I use her gynaecologist. This is the man she's been going to for decades, the guy that looked after her when she was pregnant with all of her kids, the doctor who endlessly reassured her after I was born a trimester early.

So she and the doctor go way back. I, obviously, had not seen him since I was born.

The actual examination went fine. He was a very professional man with a caring, kindly demeanour and did not seem irritated by my incessant talking.

At the end he was very reassuring. As we parted, he made the comment, "You look exactly like your mother."

Without even thinking, I replied, "My face or my fanny?"

I couldn't help myself.'

2. The Canada Goose

'My first ever gynaecologist's appointment was when I was 17, and it took place in front of several medical students.

I'm lying back on the couch, watching curiously as the doctor prepares a tray full of metal instruments. (Yes, they used metal back in those days. In January, this could be...bracing.) I'm a first-year med student myself, so I'm always curious when it comes to experiencing new procedures.

One of the instruments in particular catches my interest. I've never seen anything quite this shape before.

Me: What's that? The thing that you're holding?

Doc: Who wants to tell this lady what this is?

Anyone?

Med Student #1: It's called a speculum. It goes inside your vagina and holds it open so we can look at your cervix.

Me: Oh. Cool. It looks like a duck. (Makes duck

sounds) Quack quack.

The doctor lubes me up with KY and inserts the speculum.

Me: Holy shit that's cold! That's not a duck, that's a freaking Canada Goose. (Making goose sounds)

Honk!

Doc stares at me.

Doc: Are you feeling alright? Would you like me to stop for a moment?

Me: Nah, I'm fine.

Doc gives me a strange look, but continues with the exam, taking a quick swab. I make duck and goose shadow puppet shapes with my hands and make their shadows quack and honk at each other on the wall.

Five medical students take turns to stare into my vagina while trying not to piss themselves laughing. Doc manages to remain professional throughout, with only the redness of her cheeks giving her away.

A decade and a half later, I'm still that girl who randomly makes animal noises, just because she feels like it.

I'm also still that girl who's almost impossible to embarrass. Although these days, I try to be at least a little bit conscious that other people don't have my embarrassment tolerance levels.

Sorry, Doc.

But not that sorry.'

3. The Angry Vagina

"Oh my! She's angry, isn't she?!"

I'd recently had a procedure that caused a lot of bleeding, similar to after childbirth. I had to wear really super big maxi pads, and I'd gotten a rash from wearing them. So I made an appointment. That was my doctor's initial reaction when she went to 'check things out' down there. Which caused me to burst out in laughter to the point of tears. It took several minutes for us and the nurse to stop laughing about my 'angry vagina', and actually talk about how to treat it.

At least she was able to make me laugh and make an embarrassing situation not quite as bad.

4. Fancy

My friend's mother was in town visiting and asked if she would be able to set up an appointment with her (male) gynaecologist. My friend said fine and managed to get an appointment for the next day.

The next day she came home from work and while having dinner and this conversation followed –

Daughter – "How did your appointment go?"

Mother – "Fine, I guess"

Daughter – "Is everything OK?"

Mother – "Oh yeah everything is fine. <pause> Has Dr. _____ ever said anything ... inappropriate to you?"

Daughter – "No, I don't think so. No, I'm pretty sure he never has. Why what did he say?"

Mother – "Well at the beginning of the examination he said 'Mmmmm. Fancy' but then it was normal after that"

Daughter – "Fancy?"

Mother – "Yeah. Just like that. 'Mmmmm. Fancy'"

Daughter – "That's really strange. Did you do anything ... different"

Mother – "What do you mean?"

Daughter – "Shave or something like that?"

Mother – "No no. I used a bit of your feminine deodorant"

Daughter – "Feminine deodorant? I don't own any feminine deodorant"

Mother – "Yes you do; it's in the bathroom under the sink"

The daughter went to look and came back with a can of spray-on glitter.

**When did you
last have a
Pap smear?**

Most cancer of the cervix could be prevented if each woman had a Pap smear every two years

DON'T MAKE EXCUSES, MAKE AN APPOINTMENT

Mother's Day Coupons

Get what you really want this Mother's Day!

Print and cut out these Mother's Day Coupons, and redeem them with your family members, so you can enjoy exactly the kind of day you deserve!

