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***MUM'S
LOUNGE***

**MUMMIFIED
CUPCAKES
ARE YOU A
MOMBIE?**

THINGS ARE GETTING SPOOKY AROUND HERE...

HALLOWEEN

RECIPES | DECOR IDEAS | ACTIVITIES!

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Print it out for the kids! (or you)





Spooky Ooky MUMMY CUPCAKES

by Carolyn Murphy

INGREDIENTS

1 packet of cake mix

1 tub vanilla frosting (or make your own)

orange food colouring

1 small packet of white ready to roll icing

mini brown M&Ms

Prep Time: 10 minutes

Whether you love it or loathe it Halloween is firmly grabbing a bigger and bigger hold on Australia every year. I am in the latter category as I was born and raised in Canada and it was my favorite day of the year. We would decorate the

classrooms with pumpkins, cats and witches and it was a huge decision deciding what costume I would wear to go trick-or-treating with my Dad.

So of COURSE I need to make any new and interesting Halloween treat that comes along and these cute Mummy Cupcakes that I spotted in the local free supermarket magazine looked perfect!

Just a packet cake mix, some tinted frosting and a bit of ready to roll icing (with mini M&Ms for eyes) is all that's required to produce these not very scary but perfectly in theme cupcakes. I even gave some to my fellow Halloween-loving girlfriend

yesterday for her birthday cake!

INSTRUCTIONS

Bake the cupcakes according to directions and allow to cool completely.

Tint the vanilla frosting with orange food colouring and frost the cakes.

Using a 7cm round cutter, cut out 12 circles and then slice them into 5 or 6 pieces and decorate your cakes to look like a mummy's bandages with the eyes peeking out.

Shop all the ingredients you need here!

FINGER LICKIN' WITCH FINGERS

by Carolyn Murphy

INGREDIENTS

1 cup butter, softened
1 cup icing sugar
1 egg
1 tsp almond extract (optional)
1 tsp vanilla
2 2/3 cup plain flour
1 tsp salt
small packet whole blanched almonds
1 tube red decorator gel

These are so creepy looking, that it's been hard to convince guests to try them but after a whole lot of alcohol, people get brave and they are devoured. They are a simple shortbread dough spiked with a hint of almond flavour which you can substitute for vanilla bean or any essence you love. The nails are almonds and the blood is red icing.

INSTRUCTIONS

1. In a bowl, beat together butter, sugar, egg, and extracts. Then add flour and salt. Cover and refrigerate for 20 minutes to firm up.
2. Work with half the dough at a time and roll heaped teaspoonfuls of dough into a finger shape for each cookie. Squeeze in centre to create knuckle shape. Using a sharp knife, make slashes in several places to form knuckle. Press almond firmly into 1 end for nail.
3. Bake for approximately 12 minutes or until lightly golden. Cool on tray for a few minutes then transfer to a wire rack. Remove almond, squirt in some red food gel, then replace almond.



photo credit:
pinkpostitnote.com

mumslounge.com.au

Shop all the ingredients you need here!

ARE YOU TURNING INTO A MOMBIE ZOMBIE?!

by Jolene Humphry

Whilst children and adults everywhere gather their costumes in preparation for Halloween festivities, there is, unbeknownst to many, a hoard of zombie-like creatures who live amongst us known as Mombies!

Are you one of them? Take the quiz!

- ☐ Do you have one or more children?
- ☐ Do you have dark circles under your eyes?
- ☐ Do you perform some tasks on autopilot? (eg: have you arrived somewhere, and wondered why you actually went there?)
- ☐ Do you lose things, only to find them in strange places later?
- ☐ Do you call your child by the wrong name?
- ☐ Do you ever enter a room, only to stand in the doorway with a dazed expression and wonder why you are there?
- ☐ Have you let your standards in the fashion stakes slide?
- ☐ Have you adopted a "well, if there isn't baby vomit or leaked breast milk, it's a good day!" attitude?
- ☐ Have you worn your moccasins to the post office or on school drop off?

Results: if you answered yes to 3 or more of these questions, you are suffering from Mombie Syndrome.

Whilst symptoms can be masked with small intervals of caffeine, chocolate and/or wine, the only known cure is an uninterrupted 8 hours sleep or the saliva from a three headed walrus can also work wonders when rubbed directly onto your temples.

Of course, finding the latter is probably the easier option!



HOW TO BE PREPARED FOR TRICK OR TREATERS

by Joshua Snares

We all know how it goes, one day it's Christmas and the next it's Halloween, and you have nothing in your pantry to give to the hungry hoards that come knocking.

We've put together a list of essentials that'll please the costumed children, and leave your house free of tricks - all under \$6 each!



5 SPOOKTACULARLY EASY HALLOWEEN DECOR IDEAS

by Jill Slater

1. Create a Ghostly Walkway!

Take old plastic milk jugs (like the 2L ones from Coles on eBay) and cut a hole in the bottom of each jug. The hole will need to be big enough to fit a battery operated tea light. On the opposite side from the handle, using a black marker, draw a face on each jug. Then turn on the tea light, place the jug over it, and voila! You'll have an eerily lit path for your guests to walk by. Just make sure you don't use a lit candle, because the flame won't be friendly to the plastic!



Photo credit: Quinn Dombrowski



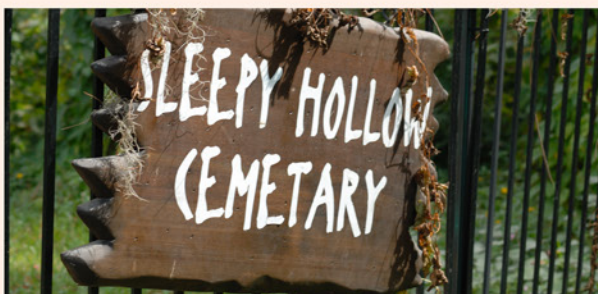
Photo credit: Jaidyn Edwards

2. Have "Eyes in the Bushes"

Cut out eyes in toilet paper rolls, making sure to do different shapes in order to get different effects. Then place a glow-stick inside of them and hide them in your bushes – it'll look like there are creatures hiding and waiting to pounce!

3. Hanging Ghosts

Make Ghosts hang from your ceiling by blowing up a white balloon and draping it with cheesecloth (or a similar very light, gauzy white fabric). Tie the cheesecloth under the balloon with a rubber band, and then draw eyes and a mouth on the face (the balloon section). You could even hang one from a ceiling-fan with it on the lowest setting, for an extra spooky effect!



4. Make Sign Posts

Using old bits of wood (or even heavy cardboard) paint spooky place names on them such as 'Goblintown', 'Skull Alley', and 'Dragon's Den' and place them in various places throughout your house and backyard.

5. Witches Potion Station

Make a Witches Potions Station by placing jars full of snacks and lollies and labelling them with grotesque phrases such as "troll teeth", "mummified toenails", "bat whiskers", etc. Find candy and more at Coles on eBay





WHAT YOU CAN DO WITH LEFTOVER HALLOWEEN CHOCOLATE

by Carolyn Murphy



Skillet
Cookie
Dessert

INGREDIENTS

1 tube chocolate chip cookie dough
Leftover Chocolate
Ice cream
Chocolate Sauce to serve

Prep Time: 10 minutes

Okay, sometimes the amount Halloween candy can be overwhelming, so what do you do with it? Well, apart from the obvious (which is eating it)

Try this Chocolate Chip Skillet Cookie recipe! What's required? One tube of Coles-bought ready-made cookie dough, one tub of Coles-bought ice cream, and any leftover Halloween treats!

Everyone will be impressed when you brandish this in front of them at the table with four spoons (or you could cut it into pizza style wedges).

INSTRUCTIONS

Pre-heat oven according to cookie dough instructions. Spread the dough out over the base of a small fry pan, top with the leftover Halloween Candy and bake for around 20 minutes or until golden around the edges.

Either serve warm topped with ice cream and drizzled with chocolate sauce or allow to cool, whichever you prefer.

Shop all the ingredients
you need here!

HOW TO HOLD THE PERFECT HALLOWEEN TREASURE HUNT

by Emma Marks

Have your kids been begging you to go Trick or Treating, but you'd rather look for an alternative? So I decided that after school today, the kids will come home to a Halloween Treasure Hunt!

Below you will find 12 clues that you can print and cut out. Follow the directions on the first clue to work out where to put the treat and the next clue and then give the kids the first clue and watch the fun!

This will also be great for primary children who have started reading as the clues are quite tailored for a younger audience.

We have also left a few blank ones on the end in case you come up with your own creative clues! If you do don't forget to share them with us below (we may add them for next year!)



Download Treasure
Hunt Cards here!

WIN A \$200 VOUCHER

TO SPEND AT COLES + A YEARS EBAY PLUS MEMBERSHIP!

by Jolene Humphry

eBay: From Second Hand Treasure Auction Site to Ultimate Online Shopping Destination

It was Labor Day weekend 1995 in San Jose, when entrepreneur Pierre Omidyar wrote the code and launched the 'experiment' he'd dubbed 'AuctionWeb' from his living room. He wanted to know what would happen if everyone had access to a single global marketplace. He listed a broken laser pointer, which was bought by a collector for \$14.83 and the website, which the world would later come to know as eBay, was born!

A week later, autographed Marky Mark underwear was sold for \$400 on the site, there have been no shortage of weird and far whackier items auctioned off in the 24 years since. Those of us old enough to remember will no doubt recall the grilled cheese sandwich with the face of the Virgin Mary that sold for \$24,000 in 2004, or the piece of gum allegedly spat out by Britney Spears during a concert, that one fan coughed up \$14,000 for. Crazy, huh?

It wasn't long before we were all eagerly trawling the treasures of eBay, placing our first bid and watching the auctions excitedly for a few days to see if we'd won. We could now buy things we'd never thought of, from places we'd never heard of, from people we'd never met! How exciting! Even the rich and famous were at it! Back in 2006 while I was buying Bonds wondersuits for my first child, Russian oil magnate billionaire Roman Abramovich was making eBay history (for most expensive item bought) when he purchased a 405 foot Gigayacht for \$168 million. Which just goes to show that you can literally buy almost anything on eBay!

These days of course, eBay has even more to offer. Whilst it still offers the thrill of buying second hand items via auctions, a whopping 93% of items listed in Australia are brand new, with the large global and local brands getting in on the action. No wonder it is the most visited retail site in Australia - it's your one stop shop to browse all of your favourite brands in one place! ►





You Can Now do Your Grocery Shopping on eBay

In fact, things got just a little more convenient for us eBay shoppers this week, with the launch of Coles on eBay. Whilst Coles has had some listings on eBay since March this year, the offerings consisted mainly of pantry items, beauty products and baby item such as wipes and nappies. The exciting new launch has seen Coles on eBay extend their range of products.

Senior Director, B2C and Advertising, Kristian Haigh, says of the Coles deal, "We're thrilled to enter the next phase of our partnership with Coles. As Australia's number one online shopping destination we pride ourselves on offering the best value and selection from grocery to tech and homewares."

"The addition of fresh fruit and frozen food including everything from milk to bread, means customers can now do their full shop on eBay from the comfort of their own couch." Customers will also be able to select a timeframe for their order to be delivered, ensuring that your groceries stay fresh!

How to Get \$49 off Your Next Coles Grocery Shop

Between 1 October 2019 and 16 October 2019, eBay Plus customers can get \$49 off their first Coles on eBay order over \$99. eBay Plus customers will also enjoy a further 5% off every subsequent shop.

To qualify, you must be an eBay Plus member. You can sign up for your free 30-day trial [here](#).

If you decide to continue using the program after this time you will be charged \$49 for an annual membership (which given the saving on your first shop equates to being free).



The Benefits of Being an eBay Plus Member

- Double Flybys points
- Free delivery on orders over \$49 from Coles
- Free shipping and returns on millions of eBay Plus items
- Exclusive deals and discounts
- Premium customer service
- Free 30 day trial

WIN A \$200 ebay GIFT CARD



Win \$200 to spend on eBay
on anything from Coles groceries
to home goods

Click the above graphic to enter!

Good luck!

PRINT ME

SPOOKY WORD SEARCH!

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 X V G U O F V Z N V U S G
 A A Z O M D F U O A X B A
 M C K P Q P U O B M U W W
 D Y T C F B K E C P H K U
 Y P E E R C M I E I B N H
 H A L L O W E E N R W A Z
 P W I T C H U L B E E X T
 S V L N X G G I C C R K A

WORD LIST

BAT BONES COFFIN CREEPY
 HALLOWEEN MAGIC PUMPKIN
 SPOOKY VAMPIRE WITCH

